## Mindfulness and wellbeing in the Nursery

Caring for yourself so you can care for others

Wednesday 24th May 2017

7-9pm

RSVP Friday, May 19th 2017

Cost \$20 members \$25 non members

**Refreshments included** 

**Robinson Research Institute** 

Ground floor, 55 King William Rd,

North Adelaide

Guest Speakers

Annie Harvey
Mindfulness and Wellbeing motivational speake

Carl Aiken
Chaplin WCHN

