

THE S.T.A.B.L.E.[®] Program

7th Edition

What is the S.T.A.B.L.E. Program?

Based on a mnemonic to optimise learning, retention and recall of information, S.T.A.B.L.E. stands for six assessment and care modules:



Sugar

Blood glucose assessment and management for neonatal stabilization



Airway

Respiratory assessment and airway management techniques



Lab work

interpreting key neonatal laboratory results



Temperature

Thermal regulation and temperature monitoring protocols



Blood Pressure

Cardiovascular assessment and hemodynamic support



Emotional support

compassionate, family-centred communication and support to parents and

The 7th module, Quality Improvement, stresses communication and teamwork as well as the professional responsibility of evaluating care provided to sick infants.

Program goals

The S.T.A.B.L.E program is designed to provide essential information about neonatal stabilisation for the maternal/infant caregivers in all settings.

Goal 1: Improve patient safety for infants by:

- Standardising processes and approach to care
- Encourage team work
- Identifying areas where medical errors can and do occur
- Reducing and eliminating preventable adverse events and errors

Goal 2: Organise this information using a mnemonic to assist with the retention and recall of essential stabilisation activities necessary for the post-resuscitation/pre-transport care of sick infants.

How is S.T.A.B.L.E delivered?

The S.T.A.B.L.E program is a 2-day course:

Part 1: Online

S.T.A.B.L.E Foundations Module is a prerequisite for 7th edition Learners course:

- Part 1: Factors that impact Fetal Health
- Part 2: Intrapartum Risk Factors
- Part 3: Impaired O₂ Delivery to the Fetus
- Part 4: Neonatal Conditions

Part 2: Classroom Session

Facilitated by members of the NNP SIG over 2 days in a didactic-interactive format. Skills stations and simulation are optional and dependent on hospital facilities. At the end of each module, students complete an end of module test.

After successful completion of the class, the student will leave the class with a Learner Course Completion Card.

More Information:

nnpsig@acnn.org.au