



# ABREAST

Australian Breastfeeding + Lactation  
Research and Science Translation

## #ABREAST WORKSHOP, THURSDAY 14 AUGUST 2025

8:30	<b>REGISTRATION, REFRESHMENTS:</b> Banquet Hall Foyer, The University Club
9:00	<b>Welcome</b> Professor Donna Geddes ( <i>The University of Western Australia</i> )
9:10	<b>Screening for Perinatal Lactation Risk Factors</b> Dr Stuart Prosser ( <i>Director, Western Obstetrics</i> )
9:30	<b>Establishing Lactation During Maternal-Newborn Separation</b> Heidi Thomson ( <i>BSc, RN IBCLC, Lactation Consultant NCCU, KEMH</i> )
9:50	<b>Updates in Breast Development, Anatomy and Milk Production</b> Professor Donna Geddes ( <i>The University of Western Australia</i> )
10:15	<b>Q &amp; A</b>
10:30	<b>MORNING TEA</b>
11:00	<b>Milk Ejection</b> Professor Donna Geddes ( <i>The University of Western Australia</i> )
11:15	<b>Impacts of Pumping Characteristics and Shield Size on Milk Removal</b> Dr Sharon Perrella ( <i>The University of Western Australia</i> )
11:30	<b>Live Breastfeeding Ultrasound Demonstration</b> Prof Donna Geddes & Dr Sharon Perrella ( <i>The University of Western Australia</i> ) and guest mother-baby
11:55	<b>Live Pumping Demonstration</b> Sharon Perrella/Zoya Gridneva ( <i>The University of Western Australia</i> ) and guest mother-baby
12:15	<b>Pumping Effectiveness of Predominantly and Exclusively Pumping Mothers</b> Dr Zoya Gridneva ( <i>The University of Western Australia</i> )
12:30	<b>Q &amp; A</b>
12:35	<b>LUNCH</b>

13:35	<b>Family Integrated Care in the NICU</b> Assoc Clin Prof Mary Sharp ( <i>Medical Director, NCCU, CACH</i> )
14:05	<b>Reflections on Parenting and Breastfeeding a Hospitalised Preterm Infant</b> Dr Alison Soerensen ( <i>Consumer</i> )
14:25	<b>Breastfeeding and Skin-to-Skin for a Healthy Microbiome</b> Dr Lisa Stinson ( <i>The University of Western Australia</i> )
14:40	<b>Suck-Swallow-Breathe Coordination in Breastfeeding Infants</b> Prof Donna Geddes ( <i>The University of Western Australia</i> )
14:55	<b>Assessing Milk Transfer During Breastfeeding in Sick/Preterm and Term Healthy Infants</b> Dr Sharon Perrella ( <i>The University of Western Australia</i> )
15:10	<b>5<sup>th</sup> edition ACNN Standards for Practice</b> Amy Curran ( <i>President, ACNN</i> )
15:35	<b>Q &amp; A</b>
15:40	<b>AFTERNOON TEA</b>
<b>ADJOURNMENT</b>	



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